

A B S T R A C T

The present invention relates to a data structure for managing to resume reproduction of data including at least video data recorded on a recording medium. A recording medium having the data 5 structure has data recorded thereon that comprises: at least one data playing unit (title or movie object) including at least video data; and navigation information for managing the data playing unit, wherein the navigation information includes control information to indicate whether resumption of the data playing unit is permitted 10 or not.